

# SEMI-ANNUAL REPORT



**HELPING HAND**  
FOR RELIEF AND DEVELOPMENT

# CWDP

## Children With Disabilities Program

January – June 2022



# INTRODUCTION

Poverty is more than just unemployment. It is a generational, chronic condition that strips its victims of hope. In under privileged communities around the world, people living in poverty are deprived of basic necessities like healthcare, education and employment opportunities. Within these communities, the most destitute are the Children with Disabilities. The term “disability” brings with it a social stigma not only for the child but to the family as well which is why such children are perceived by their families and communities as a burden. Caretakers think they are just another mouth to feed in an already difficult situation with no hope of contribution from the individual. Helping Hand for Relief and Development provides health and rehabilitation for children under the age of 18 who are struggling with physical, intellectual, hearing or visual impairments from birth or after an injury.

# PROGRAM OBJECTIVES

- Improve the health of our Children with Disabilities by fulfilling their basic needs
- Accurately Diagnose and deliver appropriate rehabilitation services to manage conditions and special needs of the children
- Provide assistive devices
- Enhance communication and social skills and overall social functioning and stability
- Provide assistive devices to reduce risks to safety and increase self-awareness to assist in the rehabilitation process.
- Support special education, enhanced life skill training and recreational activities to assimilate these special needs children into their communities
- Provide support for the Children with Disabilities and their families so these children grow up to be self-reliant, dignified and contributing members of society

# Jordan

100 BENEFCIARIES

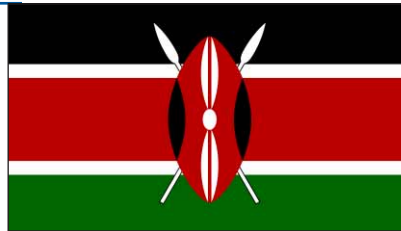
Irbid  
Jerash



# Kenya

50 BENEFCIARIES

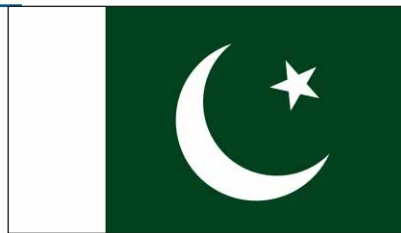
Malindi



# Pakistan

1400 BENEFCIARIES

Bahawalpur  
Chakwal  
East Karachi  
Lower Dir  
Mansehra  
SBA  
Quetta  
Muzaffarabad



## Types of Rehabilitation Services Provided

- Physical Therapy
- Speech Therapy
- Occupational Therapy
- Psycho Therapy
- Audiology Services
- Vocational Training

## Other Support

- Provision of Assistive Devices
- Food and Nutrition Support
- Educational Assistance
- Psycho Social Inclusion
- Vocational Training

## Awareness/Training Session (Food & Nutrition)

Helping Hand for Relief and Development conducted Parents & Caregiver Awareness and Training Sessions during Jan-June 2022. Parents and caregivers of the children with disabilities in marginalized communities lack knowledge critical to the feeding process.. Along with diet there are some sitting or positioning styles that are used to control muscle spasms and prevent choking. An awareness session about feeding was conducted and the sufficient dietary supplements for two months including Pediasure and Iberet Syrup was distributed.

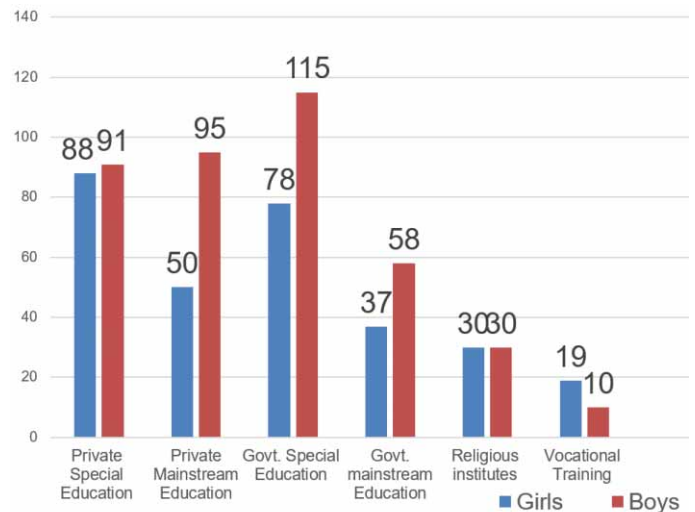
# Provision of Mobility Aids

The primary purpose of assistive devices is to maintain or improve an individual’s function and independence. Through this intervention, CWP seeks to facilitate the participation of children with disabilities in ordinary childhood activities. Children with disabilities have a higher risk of falling because of birth defects and previous injuries. Following an assessment, Helping Hand provides beneficiaries with assistive devices like hearing aids, prosthesis and orthotics, wheelchairs, walkers, standing frames and toilet chairs.

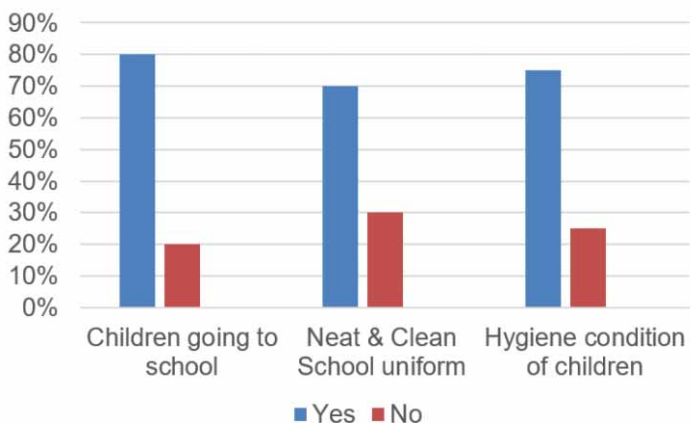


# Educational Assistance

## Genderwise Distribution of Enrolled Children



# Outcome of Followup Visits



# Provision and Maintenance of Hearing Aids

Life’s challenges are far greater for children from under privileged communities who suffer from hearing impairment. Unfortunately, not every family can afford a hearing aid. The consequence of this lack of funds is quite severe as the child might miss the critical period of language development. HHRD performed a comprehensive audio logic assessment to determine the type, degree and configuration of hearing loss, initiated the amplification device fitting and provided hearing aids for 249 children from Jan-June 2022.





## Distribution of Eid Clothes in Clusters

Bringing happiness, joy and hope is the number one priority. HHRD distributed new, custom made Eid Clothes to all our registered 1,400 children with disabilities in April of 2022.





## Ramadan Food Distribution

Through a partnership with HHRD's Seasonal Program, CWDP was able to distribute 1,230 food packages to families in Pakistan to provide them relief in the fasting month of Ramadan.



## Distribution Of School Bags

School bags (designed and manufactured by HHRD's Skills Development and Livelihood Program) were distributed among school-aged children.



# INCLUSIVE ACTIVITIES

## Celebration of World Down Syndrome Day

International World Down Syndrome Day was celebrated annually in all CWDP clusters. We encourage communities and schools to raise awareness of this very special celebration. Together we can challenge perceptions of Down syndrome and enable people with Down syndrome to speak up, be heard and be respected as valued members of society.



## Celebration of World Wheelchair Day

International Wheelchair Day was celebrated in all CWDP clusters to acknowledge the positive impact that use of a wheelchair has on the lives of the users. The day is also dedicated to celebrate the great work of people who provide wheelchairs, support and care for wheelchair users and make the world a better and more accessible place for people with mobility issues.

## Awareness Seminar on Autism Day at Islamia University Pakistan

A seminar on Autism awareness was organized by the department of Special Education Islamia University Bahawalpur. The organizers and representatives from organization appreciated the services of HHRD. On this day we shared stories and provided opportunities to increase understanding and acceptance of children with Autism.





## Celebration of Mother's and Father's Day

This day was celebrated to express respect, honor and love towards mothers and fathers. Recreational activities were provided to engage children in a social setting.



## Celebration of Fasting for The First Time - SBA Cluster –Pakistan

The purpose of this event during the month of Ramadan 2022 was to encourage the children to fast. Twenty children with disabilities and their parents participated in the event. We celebrated the children's accomplishment by breaking fast with them and giving them gifts.

## Eid Celebration

Eid parties were organized for all children to bring happiness and joy.



## Mango Parties

Pakistan is the 3rd largest exporter of mangoes in the world; the season lasts roughly from April – September. CWDP beneficiary families are often not able to enjoy the fruit due to its high cost and the need to prioritize their existing expenses. HHRD celebrates the mango season (which is a big deal in Pakistan) with the children and their families, enabling them to enjoy the fruit that they might not be able to eat otherwise.